



ACTIVITIES & OPPORTUNITIES COUNCIL

Minutes - (02.02.2026)

Time: 17:30

Date: 2nd December 2025

Chair: Freya Rowley (Activities and Opportunities Council)

Sumaya Amin Reya	Bangladeshi Society	President
Joe Mitchell O'Neill	Cricket (Club)	Social Secretary
Sam Gingell	Karting Society	Welfare Officer
Joshua Roden-Crabtree	Mooting & Law Society	President
Zuzanna Kwiatkowska	Art Society	President
Fran Groom	TableTop Society	Social Secretary
Brad Saunders	Karting Society	Vice President
Toby Nixon	Karting Society	President
Daniel Fullbrook	Badminton (Club)	Welfare Officer

Maisie Chelu-Walmsley	Taylor Swift Society	Welfare Officer
Andrew Arkle	Adventure Society / GENSoc	President (both)
Fay Pearson	Volleyball (Club)	Treasurer
Willow Card	Volleyball (Club)	Welfare Officer
Karina Whelan	LGBTQIA+ Society	President
Daniel Neate	BioSciences Society / Sub Aqua	President / Treasurer
Nayeem Ahsan	Bangladeshi Society	Welfare Officer
Emily King	Book Club	Welfare Officer
Maz Bamford	TableTop Society	President
Aidan Beveridge	Social Issues Society	President
Alexander Richards	Sub Aqua	President
JM Aquino (John Michael Aquino)	Japanese Jiu-Jitsu (Club)	Welfare Officer
Chris Astill	BioSciences Society	Welfare Officer
Ali Nawab Aghaz	Pakistan Society	Vice President
Aidan Morris	American Football (Club)	Club Captain

Victor Bannan	American Football (Club)	Welfare Officer
Ruby Baines	Dance (Club)	Competition Officer
Izzy Cordwell	Student Nurse Society	Committee Member

Officer Update

Freya began the meeting by outlining the agenda and giving a summary of her recent work as Activities & Opportunities Officer. Her priority campaign, Fed Up, continues to focus on the cost-of-living crisis especially food insecurity. She explained that the student food bank experienced extremely high demand before Christmas, with over 70 requests for only 35 available parcels, though supplies have now been fully restocked. Moving forward, the aim is to improve the nutritional quality of parcels by prioritising ingredients over instant snack foods. Freya encouraged clubs and societies to support the initiative by submitting short recipe videos using tinned goods, highlighting the Islamic Society's strong example so far.

She also shared updates on the free cooking classes. The next class is hosted by Pho in Cheltenham, where students can learn to make summer rolls and will receive a voucher for attending. Another class with Gather & Gather will follow, themed for Chinese New Year. Freya asked reps to share these posts on their society channels to ensure the opportunities reach students who may benefit. She encouraged attendance and reminded everyone that the events are open to all students.

Additional updates included progress on Varsity preparations in collaboration with Worcester's SU. Freya invited suggestions for how societies could become more involved. Finally, she shared that the Team Gloss Points system has been reviewed with the Sports & Societies reps to improve categories, simplify the system, and make achievements more attainable. Full details will be shared at Student Leader Training later in the week.

- Someone requested agendas earlier; Freya clarified that agendas had already been emailed via Drew and reminded members to check communications.
- Several reps requested better combined communication. This followed up from previous conversations with sport & soc reps about forming a shared WhatsApp community for club captains, vice captains, society presidents, and vice presidents. DN confirmed in the chat that he has begun setting up the group and requested contacts to be passed along.
- Members asked for clearer breakdowns of how to achieve points. Freya confirmed this would be included in Student Leader Training.
- A member raised concerns about society placement at Welcome Fair. Freya said she wasn't responsible for the previous floor plan but would pass on the feedback.

With no further points raised, Freya outlined the next steps and confirmed that she would remain in the meeting for 5 - 10 minutes for anyone wanting to ask questions privately.